**Frequently asked questions regarding delivery of genetic counseling services**

**Who will I meet with at my reproductive genetic counseling visit?**

Your primary clinical provider will be your genetic counselor, a masters-level provider with specialized training in human genetics and counseling. You will also meet with a geneticist, a physician with specialized training in human genetics. At times, we may request your permission for a genetics intern to be present.

**How long is the visit?**

Approximately one hour for the consultation and up to 30 additional minutes if there is a request for blood draw.

**What will we discuss?**

The reproductive genetic counseling visit is tailored to answer your personal/specific questions related to screening and diagnostic testing for your pregnancy. Typically, the following items are reviewed:

- General population risks for birth defects/genetic conditions
- Differences between screening tests and diagnostic tests
- Your specific age related risks for chromosomal conditions
- Your specific blood and ultrasound reports related to your pregnancy
- The risks, benefits, and limitations of screening and diagnostic testing (including CVS/amniocentesis)
- The family history of you and your partner; this is mapped out in the form of 3 generation pedigree
- Your genetic carrier screening
- Your fertility and pregnancy history including medications
- Your personal priorities for screening and testing in pregnancy
Why would blood be drawn at this visit?

There are numerous reasons you may need to have your or your partner’s blood drawn:

- You may wish to update your genetic carrier screening
- You may desire an additional screening test that was not completed previously (ie, sequential screening, cell free fetal DNA screening)
- Laboratories that perform fetal genetic testing often require maternal blood samples to rule out the low risk for maternal cell contamination after CVS/amniocentesis
- Occasionally, we may request additional parental studies to clarify fetal genetic test results

How will my results be communicated to me and when?

Your genetic counselor or geneticist will contact you and your referring provider via phone regarding your test results as they become available. If you have questions about your results and what they mean for your pregnancy, a follow up visit will be arranged. Please speak with your genetic counselor regarding specific turnaround times for specific tests. Results will not be communicated via email or through WCMC MyCharts.

Will my genetic counselor verify insurance benefits for my tests?

The only test your genetic counselor will assess benefits for is prenatal microarray. Coverage for all other genetic screening and testing is subject to your specific plan. Please contact your insurance carrier for details regarding coverage.