

Transforming Pediatric Digestive Care



Compassionate pediatric care
Collaborative team approach
Promising new therapies

┌ NewYork-Presbyterian
└ Weill Cornell Medical Center

Center for
Advanced Digestive Care

Advancing pediatric digestive care.



The Center for Advanced Digestive Care brings together a wide range of clinical specialties, healthcare professionals, and programs all focused on the digestive tract.



Multidisciplinary

Coordinated

Family-friendly

Leading-edge technology

One-stop

“Our team approach provides improved and expedited patient care across the board. We expect our Center will be a model for other programs across the country.”



Jeffrey W. Milsom, MD
Executive Director
Center for Advanced Digestive Care

For prompt access to our specialists or digestive care services, call for an appointment: 877-902-CADC (877-902-2232)

Welcome to the Center for Advanced Digestive Care at NewYork-Presbyterian/Weill Cornell Medical Center, one of the nation's leading multidisciplinary centers for the diagnosis and treatment of digestive diseases.

The Center provides services to children with digestive or nutritional disorders, primarily through the Phyllis & David Komansky Center for Children's Health, a leading center for the diagnosis and treatment of childhood digestive diseases and one of the top pediatric hospitals in the nation.

When a child gets sick, our goal is to take care of the "whole" child, through a comprehensive understanding of how digestive disease affects not only a child's health, but daily life as well.

Our pediatric digestive care program focuses on the specialized needs of children from infancy through adolescence and young adulthood. We offer the latest and most effective treatment options and preventive strategies for children with esophageal, gastrointestinal, liver, pancreatic, metabolic and nutritional disorders.

We strive to create a safe and comforting environment fostering health and healing for your child and work in close partnership with you to help you better understand your child's illness as we work to get him or her well.

The Center is made possible through a generous gift from The Leona M. and Harry B. Helmsley Charitable Trust.



Robbyn E. Sockolow, MD
Associate Director of Education
Center for Advanced Digestive Care



Diagnosis and treatment of pediatric digestive disorders are provided in a cheerful, child-friendly environment, with a focus on respectful, family-centered care.

The Phyllis and David Komansky Center for Children's Health is a full-service, multidisciplinary "children's hospital within a hospital" at NewYork-Presbyterian/Weill Cornell Medical Center. Affiliated with Weill Cornell Medical College, one of the top-ranked clinical and medical research centers in the country, the Komansky Center is listed on the U.S. News & World Report "America's Best Children's Hospitals" Honor Roll.

The Komansky Center specialists provide comprehensive care, from diagnosis to recovery in general pediatrics, perinatology, and in the full range of medical and surgical subspecialties for children from newborns to adolescents.



About the Center

Top-tier clinicians work in partnership to manage the full range of digestive diseases in children.

Focus on the Gastrointestinal Tract

Specialized Care Teams

At the Center for Advanced Digestive Care, you'll find specialized care teams – each with a unique digestive disease focus – across major clinical areas specific to pediatric gastrointestinal diseases:

- Colorectal/Lower Gastrointestinal Tract
- Esophageal/Upper Gastrointestinal Tract
- Hepatobiliary/Pancreas/Endocrine
- Metabolic Conditions
- Conditions Related to Congenital Malformations
- Failure to Thrive
- Obesity Management

Timely Access to Specialists & Services

Our Adult and Pediatric telephone lines are staffed by specially trained Patient Navigators to provide both families and referring physicians prompt access to our specialists or digestive care services. For more information, call our Patient Navigator for Pediatric Care: **646-962-3865**



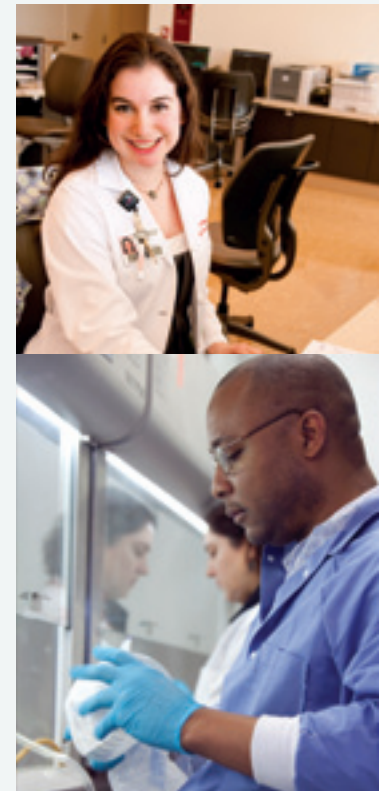
We understand that optimal pediatric care is best achieved by specialists across many different departments working together to form a unified care team.

Multidisciplinary Approach

Interdepartmental Collaboration

Our programs for children integrate the expertise of top-tier pediatric and adult gastroenterologists and other supporting digestive specialists – surgeons, oncologists, nurses, nutritionists, radiologists, pathologists and genetic counselors – who work as a team to understand your child's illness, evaluate all relevant treatment options and provide the most advanced digestive care possible.

Whether your child is being cared for by a gastroenterologist or surgeon, undergoing treatment for Inflammatory Bowel Disease (IBD) or an outpatient in our pediatric Endoscopy Suite, all patients benefit from the optimal care achieved by this critical interdepartmental collaboration and idea sharing. Team members contribute at all levels to your child's recovery strategy, from diagnosis through treatment, disease management, and follow-up care.



Center specialists understand the importance of appropriate nutritional therapies in the prevention and treatment of digestive conditions in children.

All pediatric patients benefit from collaboration and idea sharing by specialists across all disciplines.



Nutritional Guidance

Mindful of the central role nutrition plays in treating and managing digestive disorders, Center physicians conduct a thorough nutritional assessment of all our pediatric patients, looking carefully at vitamin and nutrient levels, caloric intake, and overall well-being. Since many digestive diseases often occur before or during adolescence, we focus on correcting nutritional deficiencies essential to normal growth and development. Our nutrition team directs patients toward a sound diet and appropriate nutritional therapies often critical in the prevention or treatment of digestive disorders, as well as in recovery or healing following surgical procedures.

Genetic Testing & Counseling

Genetic evaluation and testing can help to make a definitive diagnosis in a child, as well as predict the risk for developing a digestive disease in other family members or in future children.

We perform a battery of molecular genetic tests on children with conditions that often have a familial tendency. Improved understanding of genetics allows us to offer earlier intervention and more targeted therapies to children with a family history of these disorders, giving them the opportunity to build healthy lives. Genetic education and counseling help patients understand and cope with the results of genetic tests.





Personalized Coordinated Care

A PH probe monitor
measures levels of acidity
to assist in diagnosing
acid reflux disease.

A central feature of the Center
is our emphasis on personalized
and coordinated patient care.

In Their Own Words

Crohn's Disease



Steven

Ten-year-old boy treated for severe onset Crohn's disease.

“Superior medical care by excellent pediatric gastroenterologists made the difference between life and death for my son.”

– Steven's mother

By the time we got my son to doctors at the Center for Advanced Digestive Care, he was in very serious condition. When the medical team at the Center took over his care, they truly saved his life.

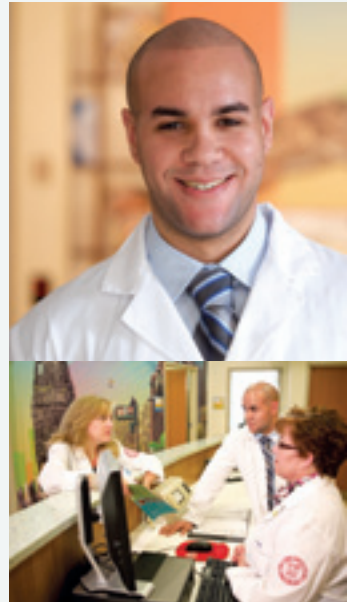
I knew from my first conversation with his doctors that they cared a great deal about their patients – not just the diagnosis. Every step of my son's care, from our first meeting in the hospital to his most recent follow-up appointment, has been thoughtful. From the very beginning, I felt included as an important part of my son's care team. Every question was answered, every procedure explained, and next steps discussed – in language I could understand. The guidance and compassionate care provided by all of my son's caregivers while navigating this frightening new terrain was of immeasurable value to us. I have no doubt that he received the highest level of medical care available.

Support Every Step of the Way

Within each clinical area, your child's medical team is backed up by skilled Clinical Program Coordinators and Patient Navigators who act as patient advocates as they guide and support you and your child through each step of diagnosis, treatment and recovery. This coordinated approach improves and streamlines patient care by providing ease of access to specialists and careful follow-through for every patient.

Clinical Program Coordinators

Our Pediatric Clinical Program Coordinators are experienced pediatric nurses and your point of contact while at the Center. They answer questions you have about your child's treatment; facilitate coordination of appointments with a variety of closely-linked specialists and diagnostic testing services; follow up with timely information on recommended treatment plans; and communicate your child's day-to-day progress to family members, referring physicians and insurance companies. In emergency situations, your Clinical Program Coordinator steps in immediately to assist in your child's care.



Pediatric Clinical Program Coordinators advocate on behalf of our young patients.

In Their Own Words...

Crohn's Disease



Pediatric Patient Navigators

Pediatric Patient Navigators pay close attention to administrative details that keep the Center running smoothly, making sure patient needs and requests are addressed in a timely manner. They also assist in coordinating appointments and streamlining care for patients traveling to the Center from outside New York City. Additionally, Navigators work with our research teams to enroll patients eligible for new protocols or clinical trials and direct patients and their families to Center support services, patient library and physician-approved informative websites to help in better understanding specific digestive disorders and aid in recovery.

Special Services

Pediatric Patient Navigators also provide many special services for our pediatric patients and their parents, including:

- Familiarizing parents or guardians with eligibility for outside services, such as arranging for home tutors, classroom note-takers and extra at-home textbooks
- Assisting with getting required medications approved by insurance companies
- Directing families to hospital-sponsored pediatric support groups
- Providing educational materials to better understand your child's illness

Contact our Patient Navigator for Pediatric Care:

646-962-3865

Pediatric Patient Navigators provide many special services for pediatric patients.



Searfoss Family

Daughters and husband are being treated for Crohn's disease at the Center.

"I cannot say enough about these doctors and this place."

– Megan Searfoss

My husband became suddenly ill and was diagnosed with Crohn's disease in 2003. Subsequently, two of my daughters were also diagnosed with Crohn's disease and we just received the same diagnosis for our third daughter.

The Center for Advanced Digestive Care has made our lives less stressful and this disease more manageable. What I really like is that the doctors all know each other, they work together, and they know us – as a family. It's all very personalized.

They make everything easier for us by coordinating our appointments with many specialists, both adult and pediatric. We can come in and take care of all family members – all on the same day. It makes a huge difference for us. They even helped with the kids' schools – setting up a plan for extra help and homework management.

NewYork-Presbyterian is at the forefront of understanding how to treat the human side of this illness.



Family-friendly Environment

We strive to create a safe
and healing environment
for your child.

Family-Centered Care



At NewYork-Presbyterian, you are a key part of the medical decision-making process for your child. Taking the time to carefully explain treatment options and care plans to families is a high priority for us. We work closely with you through each step of the treatment process, offering support and resources to put you at ease and help you understand your child's illness.

Instant Access to Medical Records

Advances in health connectivity and electronic medical records technology permit all Center physicians to have immediate access to your child's health records including the ability to read test results, view x-rays, and see medications prescribed.

myNYP.org – Your Personal Health Connection

As the parent or guardian of a pediatric patient, you can view and share your child's personal hospital records through **myNYP.org** – our new Web-based health records tool. **myNYP.org** allows patients to store personal health information generated during hospital visits in a private, online account for easy access and sharing with family members and clinicians. View your child's record whenever and wherever you need it. (See **myNYP.org** for age restrictions on access to your child's records.)

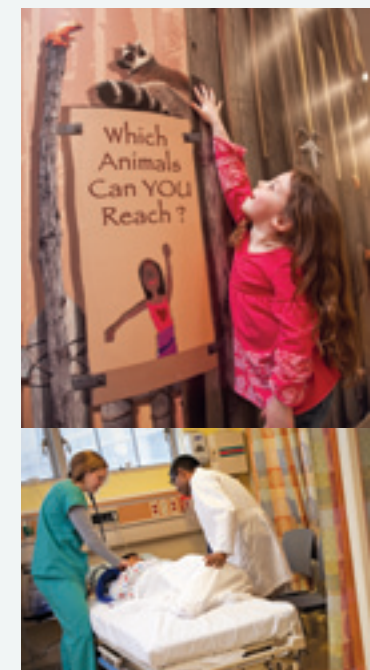
By better connecting patients with their care providers, this technology empowers parents to make more informed health decisions for their children. **myNYP.org** is free-of-charge to NewYork-Presbyterian patients.

The moment patients and their families come through our doors, they experience the special touches that contribute to our child-friendly atmosphere of healing.

Child-Friendly Facilities & Services

Child-friendly facilities and services contribute to the atmosphere of healing, safety and security at the Center. Spaces are cheerfully decorated with bright colors and murals to help ease anxieties. Age appropriate play areas where no medical procedures are performed and a special room where teens can socialize and relax give children and adolescents a welcome respite from treatment.

- Two fully equipped procedure rooms are designed for children's comfort, with machines calibrated for pediatric body weight and size.
- An anesthesiologist with specialized training in pediatrics oversees your child's care during procedures requiring sedation.
- A comfortable, family-friendly waiting room and nearby pediatric recovery area make it easy for parents to stay close by their children during surgical or endoscopic procedures.
- Comfortable in-room facilities are available for family members to stay overnight with their child.
- Child life specialists work to ease fears and normalize the hospital experience for children and families. For more information on Child Life Services, go to: www.cornellpediatrics.org
- School age students (K-12) hospitalized for chronic or acute conditions are eligible for educational services regardless of their home school district. For more information on our School Program, go to: www.cornellpediatrics.org



Top: Brightly colored murals are designed to ease anxieties and create a non-institutional environment for children. Bottom: Even our recovery room features a comforting, child-friendly design.

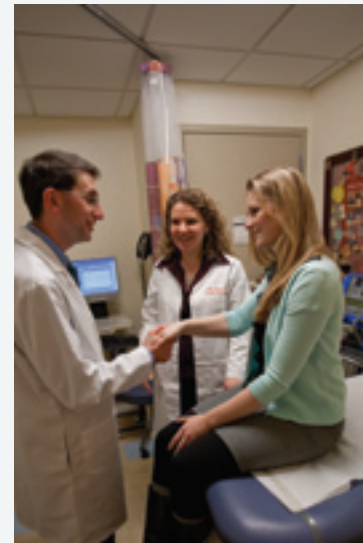


Child Life Services provides practical and emotional support to help children and families cope with the stress of hospitalization.

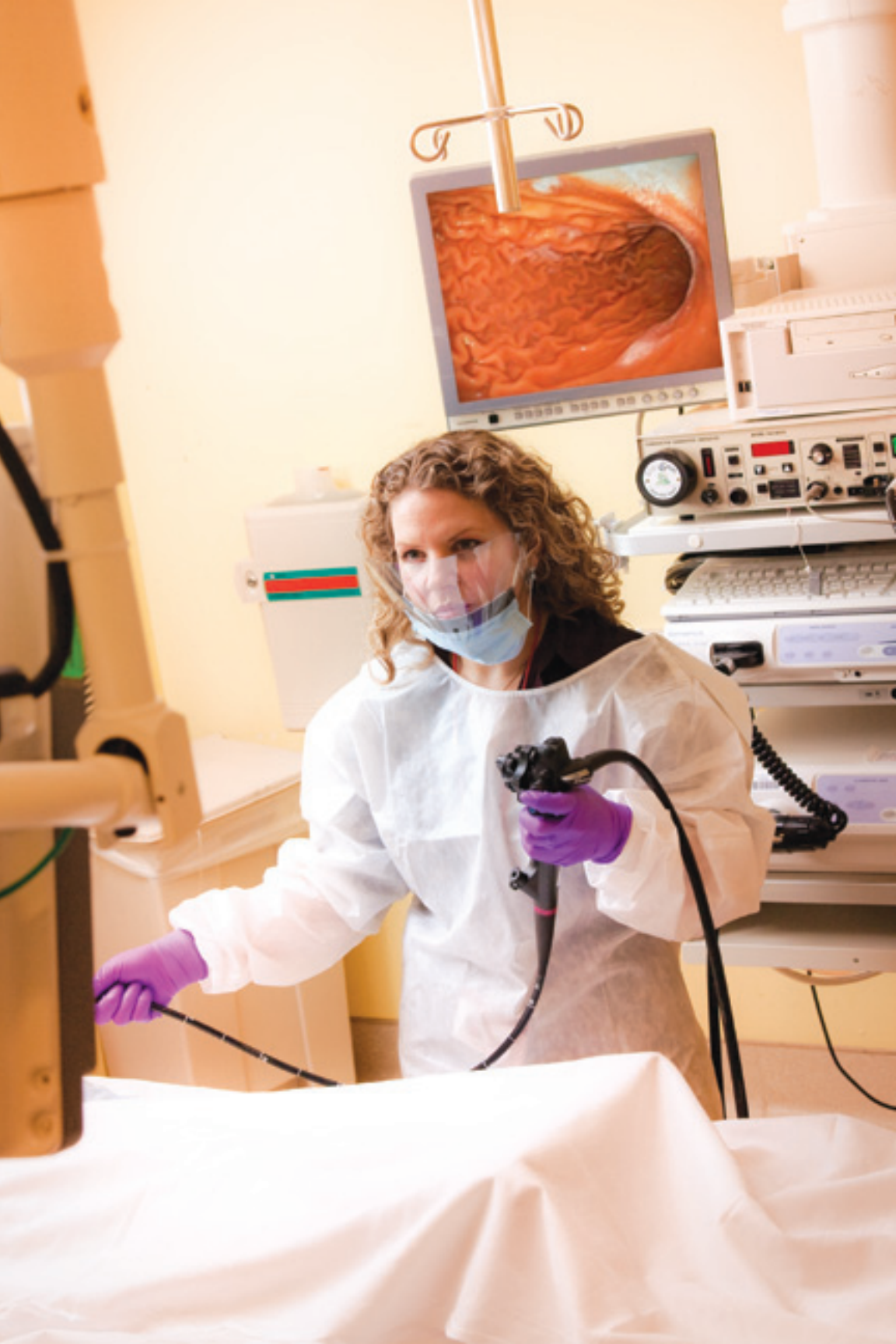
Transition Care

In many cases, your child's illness is a diagnosis that will require lifelong vigilance, special care, and follow-up. About the time of high school graduation, adolescents are ready to assume primary responsibility for their own healthcare and become active participants in the management of their disease – taking charge of appointments and empowered by understanding of their disease.

As a way to initiate a pathway to self-sufficiency and assist patients in taking charge of their condition as young adults, the Center has developed a transition program that begins during adolescence. Working in partnership with your child, we facilitate adjustment to a new environment of adult-centered healthcare. We introduce patients to their new physicians and specialists; help them understand the critical importance of keeping up-to-date with therapies and appointments; and provide them with the knowledge, skills and confidence they need to make responsible decisions affecting their care.



A seamless transition to adult care is provided to our adolescent and young adult patients.



The Best Doctors and Safest Care

Maintaining the highest standards of patient care and safety are top priorities.

America's Top Doctors



Our digestive specialists are widely recognized as some of the best in the nation. According to Castle Connolly—a nationally recognized annual survey conducted among physicians and other healthcare professionals to identify top specialists – the Center for Advanced Digestive Care has the highest number of top adult and pediatric gastroenterologists and GI surgeons in the nation.

Visit www.castleconnolly.com for more details about this survey.



A Top Children's Hospital

Each year, *U.S. News & World Report* evaluates thousands of hospitals throughout the country, and is widely considered to be one of the nation's most reliable measures of medical quality. NewYork-Presbyterian Hospital is the only tri-state hospital listed on the magazine's 2010-2011 "America's Best Children's Hospitals" Honor Roll and is one of just eight children's hospitals in the nation to be ranked in all ten pediatric specialties, including digestive diseases.

Visit <http://health.usnews.com> for complete information on rankings and for Honor Roll details.



Highest Standards of Patient Care & Safety

At NewYork-Presbyterian, maintaining the highest standards of patient care and safety is a top priority. Our physicians are committed to providing superior care and outcomes to all of our patients, as reflected in:

Repeated Practice in a Simulated Clinical Environment

The Weill Cornell Medical College Department of Surgery has built a 24/7 state-of-the-art simulation center (SAIL - Skills Acquisition & Innovation Laboratory) for continuous and repeated training and practice of minimally invasive surgical techniques used to treat many digestive disorders. Just as an airline pilot gains repeated experience in a flight simulator, our surgeons, fellows in training, and surgery residents benefit from surgical simulators to routinely train on the latest technologies, aimed at advancing the level of clinical performance when surgical skills are transferred to patient care.



Imaging Without Radiation

Center radiologists use Magnetic Resonance (MR) Enterography to examine the small bowel in young Crohn's disease patients who often are required to have multiple diagnostic imaging procedures. MR offers an immediate and lasting effect on the treatment and management of the disease over the long term, without repeated exposure to potentially harmful ionizing radiation, maximizing quality and minimizing risk.



Surgeons routinely practice innovative, minimally invasive surgical techniques in our state-of-the-art simulation lab, before transferring skills to patient care.



Innovative “jellybean” technology enables a tiny pill-camera to be swallowed easily by a child.



Research

Pioneering New Treatments

As part of a world-renowned academic medical center, NewYork-Presbyterian/Weill Cornell physicians and scientists are at the forefront of advances in digestive diseases.

Translating Discoveries Into Better Pediatric Care

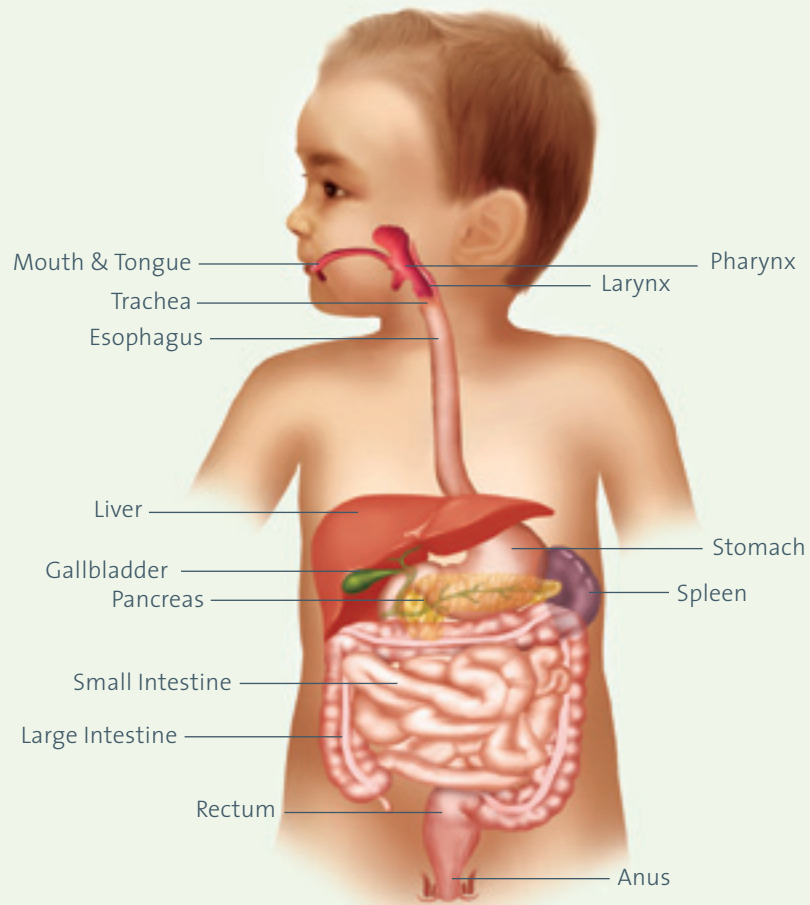
The Center's collaborative practice allows us to take advantage of extraordinary strides in research, new technologies, and therapies that lead to breakthroughs in treatment options and better outcomes for adult patients, and we selectively apply them to pediatric care. From research into the basic mechanisms of gastrointestinal disorders, to the development and study of new medical therapies and minimally invasive surgical techniques, we are able to offer our youngest patients the latest in leading-edge technologies and treatments.

- Pediatric gastroenterologists have pioneered child-friendly "jellybean" technology – a tiny pill-camera the size of a jellybean that can easily be swallowed by a child – allowing doctors to examine the lining of the small intestine.
- Breakthrough research is making possible minimally invasive and non-invasive therapies and diagnostics for Inflammatory Bowel Disease (IBD).
- Our physicians have the latest technology to diagnose non-acid reflux disease in pediatric patients.



The Center conducts cutting-edge laboratory and clinical research with the goal of improving the diagnosis, management and treatment of digestive diseases in children.





Specialized care teams – each with a specific digestive disease focus – treat a wide range of digestive disorders.

COLORECTAL/LOWER GASTROINTESTINAL TRACT

ESOPHAGEAL/UPPER GASTROINTESTINAL TRACT

HEPATOBIILIARY/PANCREAS/ENDOCRINE

COMPLEX DIGESTIVE CONDITIONS

Diseases We Treat

The Center's leading GI specialists provide an integrated approach to diagnosing and treating pediatric gastrointestinal disorders.

COLORECTAL/LOWER GASTROINTESTINAL TRACT

Colorectal Disorders

Gastrointestinal Polyps
Anorectal Disorders

Inflammatory Bowel Disease

Ulcerative Colitis
Crohn's Disease



HEPATOBIILIARY/PANCREAS/ENDOCRINE

Liver Disease

Cirrhosis
Viral Hepatitis
Autoimmune Hepatitis
Portal Hypertension
Inborn Errors of Metabolism

Pancreas and Biliary Programs

Endoscopic Procedures
Genetic Diseases of the Pancreas
Anatomic Abnormalities of the Pancreas



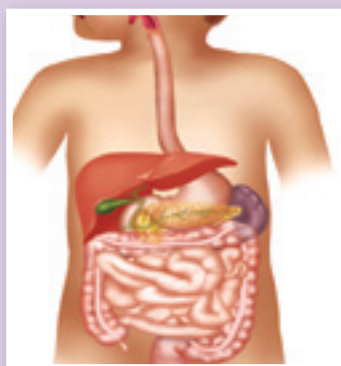
ESOPHAGEAL/UPPER GASTROINTESTINAL TRACT

Esophageal Disorders

Gastroesophageal Reflux Disease (GERD)
Esophageal Dysmotility
Congenital Malformations
Allergies of the Esophagus

Stomach Disorders

Poor Emptying of the Stomach
Allergies in the Stomach
Acid-Related Injuries of the Stomach



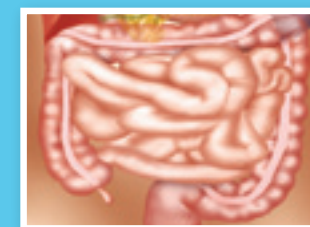
COMPLEX DIGESTIVE CONDITIONS

Nutritional Disorders

Failure to Thrive
Obesity Management

Small Intestine Disorders

Malabsorptive Disorders
Congenital Conditions of the Small Bowel
Celiac Disease





The **Very Best** in Digestive Care

The Center provides a single point of access to some of the nation's best specialists and newest technologies.



Drawing on the internationally renowned clinical resources of NewYork-Presbyterian Hospital and the academic excellence of Weill Cornell Medical College, the Center for Advanced Digestive Care is committed to providing the highest quality digestive care to our youngest patients.

Your Destination for World-Class Digestive Care

- All pediatric digestive services are in one centralized location, giving you a single point of access to some of the nation's best doctors, newest technologies and investigational methods, resulting in coordinated access to the best care available.
- Our family-centered and compassionate approach encourages you to be an active participant with your child's care team.
- Our doctors and other Center professionals work in a truly collaborative environment, which translates to a unified care team, shared ideas, and optimum care for your child.
- We are here to "hold your hand" every step of the way. Our Clinical Program Coordinators and Patient Navigators personalize and coordinate your child's care from day one to help support your family throughout treatment.
- **myNYP.org**, our Web-based personal health records system, puts you at the center of managing personal health information for your family.
- Because research advances are brought quickly from the laboratory to the bedside, your child benefits from the newest ideas and therapies to treat digestive system problems.



We place great importance on being a family-centered children's health center. Our staff is committed to providing compassionate care to our young patients and their families.



Contact Us & Directions

Following is some helpful information for families coming to the Center.

Contact Us



Schedule an Appointment

To make an appointment with one of our specialists and access our full range of digestive care services, call: **877-902-CADC (877-902-2232)**

To speak with a Pediatric Patient Navigator call: **646-962-3865**



Email: pedsdigestivecenter@nyp.org

Get More Information

For more information on clinical programs at the Center for Advanced Digestive Care, visit: www.nyp.org/cadc

Getting Here

Our Location

The Center for Advanced Digestive Care is located on the Upper East Side of Manhattan at:

Outpatient Care ★ **NewYork-Presbyterian/Weill Cornell Medical Center**
Phyllis and David Komansky Center for Children's Health
505 E 70th Street (between York Ave. and the East River)
New York, NY 10065

Inpatient Care ★ **NewYork-Presbyterian/Weill Cornell Medical Center**
525 E 68th Street (between York Ave. and the East River)
New York, NY 10065

For our interactive map and directions, go to: www.nyp.org/cadc



Legend

- ▲ Visitor's Entrance
- ♿ Accessible Entrance
- 🏥 Emergency
- ℹ Information Desk
- P Visitor Parking
- 6 Subway Entrance
- 🚌 Bus

Elevators

- G Greenberg Pavilion
- ST Starr Pavilion, J Corridor & L Corric
- K K Wing & F Wing, floors 2-9
- F Baker Pavilion / F Wing, floors 9-2
- H Baker Pavilion / F Wing, floors 9-2
- P Payson Pavilion
- W Whitney Pavilion
- M M Wing
- N N Wing



Directions

Visit our website www.nyp.org

We have included a variety of transportation choices; however, taxis are generally the most convenient. Please consider whether luggage and other items will make travel on public transportation too difficult. Also, please be aware that only yellow cabs may legally solicit customers with offers of transportation. Use official taxi stands whenever possible, especially at airports.



By Subway

Take the #6 train to East 68th Street. Walk four blocks east to York Avenue, or take the M66 bus eastbound to York Avenue.



By Bus

Take the M31 to the East 69th Street stop, directly in front of NewYork-Presbyterian/Weill Cornell. (The M31 operates north and south on York Avenue, and across town on 57th Street.)

Crosstown buses M30, M66, and M72 allow you to transfer to the M31 at York Avenue.



By Car

Approaching from south of East 68th Street – Take the FDR Drive northbound to the 61st Street exit. Make a right onto York Avenue and go north to 68th Street.

Approaching from north of East 68th Street - Take the FDR Drive southbound to the 71st Street exit. Make a left onto York Avenue and go south to 68th Street.

Visitor Parking & Valet Service

Convenient parking is located in garages nearby. Valet service is also available at the Weill Greenberg Center (1305 York Avenue at 70th St.)



- The Greenberg garage accepts cash and credit cards. All other garages and valet service at the Weill Greenberg Center accept **cash only**.
- If you have an anticipated stay of five days or more, your physician's office may be able to provide a parking discount. Parking is free on the day of discharge.

For a list of parking facilities at NewYork-Presbyterian/Weill Cornell visit our website:

<http://nyp.org/patients/visitors/parking.html>

Deluxe Hospital Accommodations

NewYork-Presbyterian/Weill Cornell offers deluxe private accommodations that provide patients – or their loved ones – hotel comforts in the calm and quiet of a private hospital suite or room. To request a private suite or room, please contact your physician's office. (Please note that suites and private rooms generally require additional fees which are not covered by most insurance carriers.)



Guest Accommodations

NewYork-Presbyterian Hospital/Weill Cornell Medical Center offers modern, comfortable guest facilities for those traveling to the Center for Advanced Digestive Care from out-of-town.

For a list of facilities, visit our website at: www.nyp.org

┌ **NewYork-Presbyterian**
└ Weill Cornell Medical Center

Center for Advanced Digestive Care

For an appointment or to find a physician:
Call 877-902-CADC (877-902-2232)
Or visit www.nyp.org/cadc

Making the difference in
pediatric digestive care.



┌ **NewYork-Presbyterian**
└ Weill Cornell Medical Center

Center for Advanced Digestive Care

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New York, NY 10065

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